

National Association of Letter Carriers

Branch 782

E.A. Baker Union Update

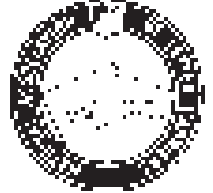


ARVIN
CALIFORNIA CITY
McFARLAND
TAFT

AVENAL
DELANO
MOJAVE
TEHACHAPI

BAKERSFIELD
EDWARDS AFB
RIDGECREST
TRONA

BORON
LAMONT
SHAFTER
WASCO



CHARTERED FEBRUARY 25, 1891

VOLUME LXXXI NUMBER 11

NOVEMBER 2010

OFFICIAL NOTICE OF ELECTION OF OFFICERS OF NALC "GOLDEN EMPIRE" BRANCH 782 AND DELEGATES TO THE 2011 STATE CONVENTION

The election will be conducted by secret ballot at the regular meeting on November 23, 2010 at 7:00 P.M. at the Branch 782 Union Office, 2628 "F" Street, Bakersfield, California.

Any member who, for any reason, will be unable to vote on November 23, 2010 may obtain absentee ballots by submitting a signed written request to the Election Committee, Golden Empire Branch 782, 2628 "F" Street, Bakersfield, California 93301. Absentee ballots must be requested after nominations have been closed but no later than November 9, 2010.

Write-in votes are not permitted.

Eligibility for Branch Funds

Of the delegates from the Bakersfield local area selected to the State Convention, the requirements of eligibility for Convention funds will be attendance at ten (10) of the twelve (12) regular General Meetings just prior to the State Convention; and then 10 (10) of the twelve (12) regular General Meetings just prior to the National Convention.

Of the delegates selected from the outlying Associate Offices (excess of thirty miles from Bakersfield), the requirements of eligibility for convention funds shall be attendance at at least two (2) meetings (any combination of regular General Meetings and/or Quarterly Area Meetings) in the twelve months just prior to the State Convention.

Election for Branch 782 Trustees

The nominees for the three Branch 782 Trustee positions are: Lucinda Martinez, Paul Salazar, Mabel Bullis, Danny Blair and Bill Curtis.

Election for Branch 782 Delegates to the California State Association Convention

The following individuals have been nominated to be State Convention delegates: Diana Chavez, Norma Hamer, John Ortega, Randy Courson, Mabel Bullis, Emma Gonzalez, Mike Meza, Shari Sharpe, Darryl Holderman, Pam Smith, Anita Holderman, Danny Blair, Basil Zuniga, Paul Salazar, Kim Gerdes, Rolando Trevino, Judy Kiyoshi, Rick Gerdes, Frank Martinez, Alan Smith, Fred Acedo, and Deven Patterson.

Minutes of the October 2010 General Meeting

The regular meeting of Br. 782 was called to order at 7:00 p.m. by President, Mike Towery on the 26th day of October at the branch office, Bakersfield. The flag salute was led by Sgt. at Arms, Jerry Patterson. All members of the Executive Board were present. The Stewards were present from Arvin, Avenal, Brundage, Camino Media, Downtown, Hillcrest, Lamont, McFarland, Oildale, Shafter, South, Stockdale, Taft and Wasco. Also present was the Newsletter Editor, Basil Zuniga, S.A.N.E., Fred Acedo, Br. Photographer, Anita Holderman, OWCP Rep., Rick Gerdes and Frank Martinez of the Social and Recreation Committee. The minutes of the September 28, 2010 meeting were read and accepted with the following additions. Darryl Holderman was elected Sgt. at Arms by acclamation. Deven Patterson was nominated to be a delegate to the State Convention. Financial Secretary's report should have been "\$18,509.50 was collected for the month of August".

REPORTS OF STANDING AND SPECIAL COMMITTEES: Basil Zuniga reported that South Station did not "get the message" again this month. Next month will be East Bakersfield Station's turn. Basil discussed some of the cost cutting measures regarding the newsletter. Mike Towery stated that Basil is making a "great" effort to cut costs on the Newsletter. Mike Towery reported that Jerry Patterson will head the Election Committee. The committee will meet tomorrow evening at 5:30 p.m. to send out the absentee ballots.

UNFINISHED BUSINESS: Mario Muniz reported that as of today 65 people have signed up to attend the Retiree Dinner. The deadline for reservations is Friday, October 28th. He reported that Don Blanco is going to retire on December 1, 2010. Dan Lujan made a motion that the branch cover the cost for Don and his spouse to attend the Retiree Dinner. The motion was seconded by Diana Chavez. Diana Chavez made a friendly amendment that any member who will retire in 2010 should have the cost of the Retiree Dinner covered by the branch. The amendment was accepted by the maker of the motion. The motion passed.

NEW BUSINESS: Basil Zuniga would like to send a letter to all newsletter editors requesting to advertise the "Out There" book in their newsletters. Basil made a motion that the branch send the request to newsletter editors for a cost of \$107.36. Seconded by Alan Smith and the motion passed.

GOOD OF THE ASSOCIATION: Mike Towery reported that Postmaster General Potter will be retiring on December 2, 2010. John Ortega discussed the progress on JARAP. Diana Chavez reported on Legislative issues. HR173 regarding 5 day Delivery has 205 co-sponsors. HR5476 regarding the pre-funding has 127 co-sponsors. It is still vitally important that members contact their Legislators. Darryl Holderman reminded the delegates to the National Convention that they should get articles to Basil for the newsletter.

IMPROVEMENT OF THE ASSOCIATION: Mike Towery reported on the Kern Veterans Memorial Foundation. He would like the membership to sponsor Clay Farr to be on the Wall of Valor. He will give another report with more information. Mike reported that the Flat Sorting Machines will go "online" January 2011 in Los Angeles. They anticipated 200 jobs will be excessed. Only two positions in Bakersfield are being withheld. Both are T-6 positions.

FINANCIAL SECRETARY'S REPORT: Anita Holderman reported that \$12,637.42 was collected for the month of September.

TREASURER'S REPORT: Molly Biggar reported:

Beginning Balance	\$63,599.92
Dues and Income	\$11,804.28
Interest Income	\$7.32
Total Balance	\$75,411.52
Expenses	\$12,928.06
Ending Balance	\$62,483.46

The MDA 50/50 Drawing was won by Ralphie Ochoa.

The \$500.00 Drawing would have been won by Harold Broan, retiree, if he would have been present at the meeting.

There were 42 members present.

The meeting adjourned at 7:35 p.m.

Respectfully submitted,

KIM GERDES
Branch 782 Recording Secretary

JUST A REMINDER...

The New Year's starting soon. A NEW YOU!
So, that means...Another Round of the

Brundage Biggest Loser!!!

Please contact me if you are interested so that I can get a head count.
MABEL BULLIS (661) 496-5679

NON-MEMBER LIST AUGUST 2010

DOWNTOWN STATION

D. Pearce
J. Cruz

SOUTH STATION

100% Union!!!

EAST BAKERSFIELD

100% Union!!!

HILLCREST

100% Union!!!

BRUNDAGE

D. Kinglee

DOLE COURT

S. Hancock

STOCKDALE

A. White
J. Oh
G. S. Saran

CAMINO MEDIA

F. Medina, Jr.

ARVIN

100% Union!!!

AVENAL

S. R. Bejarano

BORON

V. L. Johnson

CALIFORNIA CITY

100% Union!!!

DELANO

C.V. Quebral
L.A. Campos

EDWARDS

100% Union!!!

LAMONT

100% Union!!!

McFARLAND

100% Union!!!

MOJAVE

100% Union!!!

RIDGECREST

S. R. Pierce
H.G. Blanco
L.M. Montano
V. P. Chea
T. P. Garcia

SHAFTER

I. M. New
M. D. Voights

TAFT

B. W. Krier
K.J. Hughes

TEHACHAPI

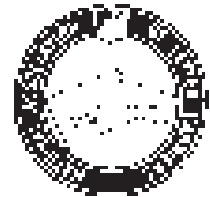
V. I. Johnson

TRONA

S. L. Walent
B.R. Dame

WASCO

100% Union!!!



Basil, 389 of the 412 employees are NALC members—a total of 94.4%!
KIM GERDES, Branch 782 Recording Secretary

Standing Together!

The 67th Biennial Convention of the National Association of Letter Carriers was held in Anaheim from August 9th - 13th. Branch 782 was well-represented by several executive board members and numerous members who are very pro-active in the Union.

NALC President Rolando's message to all the delegates is that challenges will face our Union and our members. The delegates convention took several practical steps to protect jobs and

OUT THERE



strengthen the USPS by: Asking Carriers to enlist the support of businesses for six-day delivery; Authorizing President Rolando to seek early contract negotiations with the USPS; Agreeing to serve as a partner with the Postal Service by proposing ways to boost services and revenues; Urging Carriers to help elect pro-Letter Carrier candidates to Congress; and, Linking our efforts with the public to broader concern about jobs and the economy.

United Mine Workers of America President Cecil Roberts gave the most inspirational speech that I will always remember. He stated that the Letter Carriers must stay united and with with other Labor organizations on preserving Letter Carrier jobs and keeping the Six-Day delivery. Mr. Roberts had a standing ovation by all delegates at the convention. Hurrah!!

President Rolando urged delegates to contact their Congressional Representatives to make sure they are co-sponsors of H.R. 5746 and to push Congress to make important legislative changes. This Bill is vital to the survival of the Postal Service. If you haven't contacted your Representative as of yet, I urge you to do so now!

I hope that all union members do their part to preserve the Postal Service. I went out and did some precinct walking for this last election as far as Stockton Congressional District (CD) 11 and also worked in 20th CD in Arvin, Delano and Bakersfield. I wanted to ensure that everyone has an opportunity to vote. We all need to promote candidates who, when elected, will show that they are pro-Letter Carriers and will vote for our Letter Carrier issues.

In closing, I want to thank those who elected me as a delegate to the National Convention. It was a great opportunity!

DIANA CHAVEZ
Branch 782 Legislative Liaison

Retiree Dinner!



Our Retiree Dinner was a great success!! We had the biggest turnout ever!

My wife and I thought it was worth every minute we spent organizing this dinner. It was great seeing all our colleagues. And, everyone seemed to have a good time along with great food.

I want to thank all of our Branch 782 Retirees who took the time to attend this dinner. I hope that each of you enjoyed yourselves!

Most of all, I want to thank Dan Lujan and his wife, Rosie! My wife, Irma, put together the picture boards and "A Trip Down Memory Lane".

I also want to thank our Union members who gave us a hand. Without their help, we would not have had such a successful dinner. First of all, thanks to Vice-President Darryl Holderman and his wife, Anita Holderman. Anita, as Branch 782 Financial Secretary provided all of the information that we needed to make sure that our

awards were correct; Molly Biggar helped out with what she did; and Basil Zuniga, Branch Editor, provided help with programs, name tags and great advice.

I also want to thank Branch 782 Trustee Bill Curtis; past-Branch 782 President Frank Thomasy; and, last but not least,

Retiree Luther Lane for his wonderful prayer.

I hope our next Retiree Dinner will be just as nice. Maybe we will have more participation from our Retirees.

MARIO MUNIZ

Who Was Present???

**Mario Muniz
Daniel Lujan
Robert Mitchell
Connie White
Raul Herrera
Theodore Martinez
Dicie Wilder
John Thorne
Bill Marchand
Deborah Wiles
Walter Heer
Paul Zabala
Forrest Clark
Mike Gonzales**

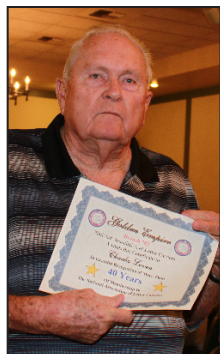
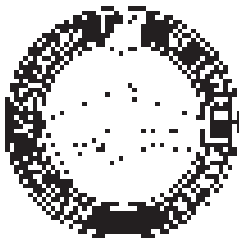
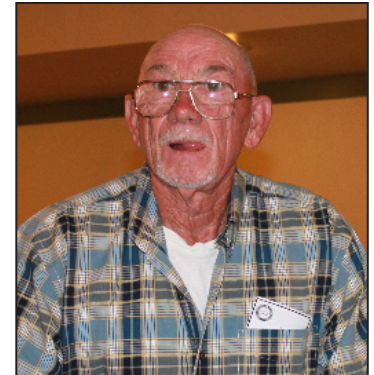
**Paul McCarthy
Phil Krause
Gilbert Ochoa
Paul Alexander
Frank Thomasy
John Ross
Luther Lane
Raymond Pettus
Rafaela Ochoa
Joe Gandera
Thomas Herrera
Charles Loven
Chuck Sutton
Lois Miller**

**Bill Curtis
Ute Fritz
Isolde Marroquin
Glenda Simon
Linda Combs
Ed Combs
Rick Plummer
Silver Farr
Patrick Farr
Joe Santa Cruz
John Howlett
Michael Newton
Sandra Huse
Debbie Anderson
Guadalupe Arredondo**



Mike Gonzalez—50 Years!
Walter Heer—40 Years!
Charles Loven—40 Years!
Daniel Lujan—40 Years!
Mario Muniz—40 Years!
John Ross—40 Years!
Frank Thomasy—40 Years!
Connie White—40 Years!
Paul McCarthy—35 Years!
Chester Sutton—35 Years!
Joe Gandera—30 Years!
Robert Mitchell—30 Years!
Deborah Wiles—30 Years!
Silver Farr—25 Years!
Ute Fritz—25 Years!
Isolde Marroquin—25 Years!
Lois Miller—25 Years!
Rafaela Ochoa—25 Years!
Rick Plummer—25 Years!

Who Got Awards???



Special Branch 782 Retirees

Richard Crawford — 60 Year Member!!!
Edward Osborne — 60 Year Member!!!
Vernon Jackson — 55 Year Member!!!
Armando Jimenez — 55 Year Member!!!
Floyd LeMoine — 55 Year Member!!!
Richard Suniga — 55 Year Member!!!
Mike Gonzales — 50 Year Member!!!

Thanks to ALL of our Branch 782 Retirees!

Pictures by Branch 782 Photographer Anita Holderman

Tommy Herrera Retires!!!

Article and Pictures by Anita Holderman



A little history lesson... In July of 1978, the movie *Grease*, the Bee Gees and the t.v. show, *Happy Days* were all at the top of their lists. Jimmy Carter was in the White House; a gallon of gas was \$.63 and a first class stamp was \$.15—**AND** Tommy Herrera was hired as a Carrier for the U.S. Postal Service! That's right!



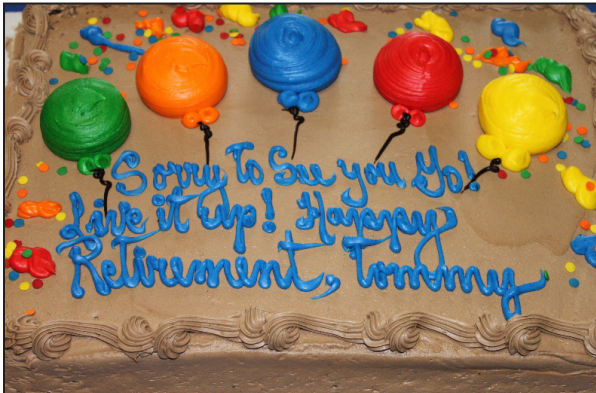
Tommy Herrera has been carrying that satchel since John and Olivia sang "You're the One I Want!"

Why this lesson? Because, at the end of



October Tommy became the newest member of the "Last Punch Bunch Club"!!!

When Tommy started with the USPS, he had already completed just under two years in the



U.S. Army—with *ten of those months in Vietnam*. Trained by OJI John Duran, Tommy was a PTF for "two LONG years" at Minner Station (Oildale) and three years at the Bakersfield Downtown Station. Eventually, he won a bid assignment to Route 403 at South Station in 1983. **He's been on this same assignment for his entire career as a Regular!**



Tommy told me, "I was lucky to never have been bit by a dog." However, he does admit that he did spray several dogs. **(If they're close enough to spray, they're too close!)**

Some of the "old timers" when Tommy was still new to the job were Jesse Avalos, Frank Thomasy, Homer Ruiz and Mike Towery (and, Mike is the only one still around!). Tommy never came across an emergency while on his route, but he does remember a time when he recognized a girl that had been reported missing!

I asked him many questions while interviewing him. As he started remembering some of his stories, the funny ones came out! Like the time Patty Mac went driving out of the Downtown parking lot and didn't latch the



back of the jeep and, as she accelerated, her parcels flew out the back! Or the time his T-6, John, broke a screen door and broke a water valve by stepping on it...all on the same day on Tommy's route!



Asked which supervisors were a pain in the "you-know-what", he gave me some names and I agreed with him. When asked who he liked working with, the list became too long to print.

South Station celebrated Tommy's retirement with a potluck. South has had potlucks before, but this one—I think—put all those others to shame!!! Tommy's wife, Darlene, and his daughter were also there to celebrate with us. Branch 782 President Mike Towery and J.B. (our postmaster) were also there. Mike presented Tommy with a gift from the NALC; J.B. presented him with a gift from the USPS; and South Station Shop Steward Darryl Holderman presented Tommy with a gift from all of his co-workers.

It's been about three weeks since Tommy swiped that time clock for that very last time as he was getting ready to walk out the door! He came in the other day for a quick visit and he put a smile on everybody's face. I think Alma Kirby said it best as she told him, "*Everybody loves you TOMMY!*"

I enjoyed working with you, Tommy, and I know Darryl did, too. I pray that your retirement is filled with good health and many blessings. We miss you here at South!

"Don't Go, Tommy! DON'T GO!"

That's what was heard many times at our Station as the time neared for our senior Carrier to retire. Nobody wanted Tommy to go; but, none of us could really blame him for wanting it. So, when October 29th finally came, it was a sad day to see him at his case for the last time.

I've had many years of laughs because of the things he would say—most of which I can't repeat... Tommy has a sense of humor that just made South Station a better place to work.

We are all going to miss you, "Tommy Salami"! Enjoy your retirement and come back and see us!

Your friend and Steward,
DARRYL HOLDERMAN
South Station Carrier
===

Congratulations, Tommy!
Gonna Miss You! Hope you enjoy your retirement!

KELLIE MARTINEZ
South Station Carrier
===

I worked around Tommy Herrera when I passed out accountables. He is a quiet person and low key. He was sometimes the object of jests among

his co-workers—mainly because of his small stature (height).

Tommy took all of the jokes quietly and with a smile. And, sometimes, he responded with a joyful joke.

I wish Tommy blessings and peace in his retirement.

Vi Garcia
South Station Clerk
===

It was always a joy to watch Tommy instigate trouble... and then he would act so innocent and say, "What! Me???"

That look he would get on his face and that grin were classic!

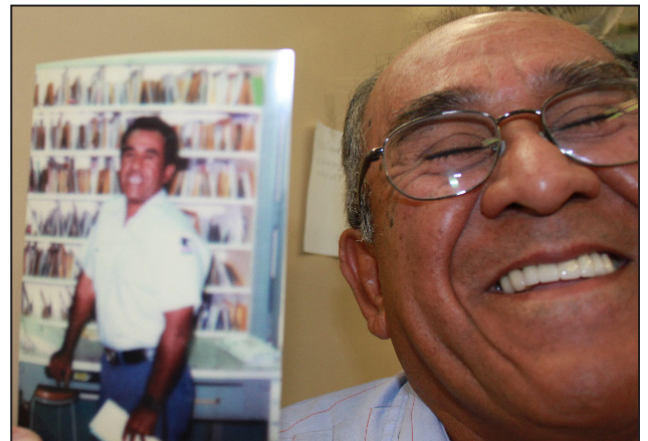
Hopefully, now he can indulge in his hobby of panning for gold. Hope he strikes it rich one day!

R.N. KRAMER
South Station Carrier
===

Tommy, You have left your unforgettable memory here at South Station; all of us will miss your professional expertise and positive disposition. We all wish you only success and happiness in your future endeavors—may they be all that you hoped for!

Come and visit us often, for this is only a farewell and not goodbye!

JASVEER BRAR
South Station Manager
===



I want to say Congrats to Tommy Herrera on his retirement. Now he can go on all the trips he wants, sleep in, and continue going to the gym. LOL!

I'm going to miss Tommy at work because he had the same humor as I did. Not too many people do. Now, there's going to be no one to mess around with and joke with. LOL!

Have a good retirement and don't forget to bring us donuts once in a while!!

RALPH RAMIREZ
South Station Carrier

Confessions of a Former Station Manager

by Guy Nohrenberg, Carrier
Simi Valley Branch 2902

In days of double digit unemployment, where trillions of dollars of national debt mount, the leader of one of the largest civilian employers in the free world just up and resigned his post. He declared that soon he's retiring, because he can, with no reason given. And YOU MISSED IT!?

What in the world were you doing? Cleaning Possum pelts?

Postmaster General Jack Potter, out of nowhere, up and resigns? This is the Captain of the ship jumping overboard! What happened to a two-week notice? Was he pushed? To the Clerks, Carriers, Managers and Supervisors—don't you see? *We are ADRIFT!*

I couldn't see this guy retiring until long after I do! He's comparatively YOUNG when you look at the other Postmaster Generals who look like everything from Death Warmed Over to the Ancient of Days!

Look. He's gone. The Postmaster General who advocated cutting service, raising rates, and shifting overpaid top executives from one title to another while declaring positions have been abolished. Of course, if you believe all of that, you are a sucker. He doesn't do anything without the blessings of lot of Boards, Committes, Congress and the President of the United States. Or was that why he suddenly retired? Personally, I liked the guy. He worked hard. He took a lot of you-know-what. He was a family man and a proud Dad. That's good enough for me.

We have a new Postmaster General now. Pat Donahoe. This New Captain is somewhat of a mystery. I know a bit about him, but let's hope that's all in the past. Who is he? Is he Irish? Does he have a temper? I thought George Bush was a wimp when he worked for

Ronnie. Then, when he became President of the United States, I was quite impressed. What about Pat Donahoe? What's he really about? What will he do?

Will he implement early outs with 6 month separations pay, 5 years added to time in service, no penalites and free military buyback to cull out the highest paid, oldest workers, making room for hiring lower paid younger, faster employees?

Will he reduce the 74 Districts and 8 Areas to 50 Districts and 2 Areas changing the administrative to worker ratio from 1 in 11 to 1 in 25?

Will he implement RIF for displaced EAS, and bumping of those who didn't take the early out, to ruin their chances for Computer Solitaire Super Stardom?

Will he institute an agency of Untouchables, unlike the OIG and USPSIS who can't do the job of internal multi-rank policing, to clear the organization of any and all Title 18 criminals no matter what their political or nepotistic connections are?

Will he stop the closing of Post Offices?

Will he implement a plan where all executives carry mail thrice a year on a Letter Carrier-selected route, enlarging their personal perspective?

Will he implement a plan where all executives are window trained and help customers during the holiday season, demonstrating leadership?

Will he hold the expensive implementation of additional programs and equipment and just get back to basics like taking a flat case and expanding it from 6 inches high to 9 to accomodate the common 8 1/2 inch wide flat sized mail?

Will he stop the purchasing of new staff cars and start the purchasing of electric LLV's?

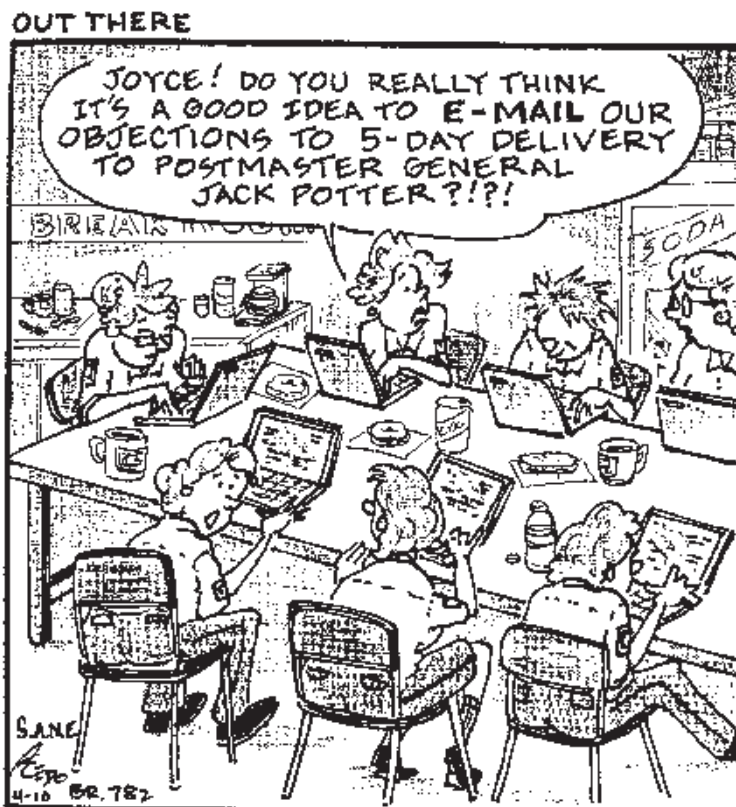
Will he at least paint the ghetto-looing LLV's we have?

Will he stop managers from working 4 days a week while they get paid for 5?

Will he commit to not raising the price of the stamp for 5 years?

Will he stop the elimination of Service, not only keeping 6 day delivery days as per law but also advertise delivery of Express Mail on Sundays?

Will he place a U.S. Postal Service



staffed service stand in each mall this holiday season?

☒ Will he listen to your ideas or just see the inside of his office?

☒ Will he get us all turkeys this December or will he just be one?

☒ Will he do all these things and get us from the red ink to the black in a 12 month span or will he just continue the failing theme of cutting service, raising rates, and following instead of leading, and leading by example?

He is the Captain of this ship...so far. We will salute smartly and charge up the hill he directs us to. What will he do?

Surely, you will look for his answers, too. Free Will He!

Be well!!

GUY NOREMBERG

tindad@sbcglobal.net

<http://www.facebook.com/tindad>

From South East Bakersfield

It was my first time attending the National Convention of 2010. I consider myself a people person and I was told that there would be a lot of Union members attending. (Boy, was that an understatement!) I was told that I should wander around and get to know people, attend informative classes, and — hopefully— get more exposure to what the Union is all about.

And, that I did!

I still consider myself a newbie to our Union. I have only been with the Postal Service for 5 1/2 years now. I've been a Union member from day one. But, it hasn't been till recently that I became progressively involved by being a Steward and now trying to dabble in other offices. Believe me, I am still wet behind the ears and I'm practically learning new things every day.

In all my employments, I have never been educated or involved with understanding the power that a Union organization can have. Just like most of the Carriers out there, I always came to work, did my work, and went home on my merry way. Now, being a Steward, I am familiarizing myself with the 2006-2011 National Agreement. I have to tell you, it is quite a task. It's not primarily a memorization skill one has to achieve; it's being able

#S.A.N.E.

AN SPECIAL ASSISTANT NEWSLETTER EDITOR - BRANCH 782 - BAKERSFIELD, CA.

THIS WILL MAKE US A FORTUNE, C.L...
**POSTAL ACTION
FIGURES!!**

"Hasbucks"
TOY MFG. CO.



to dive into a vast combination of different interpretations. One of these days, I could only hope to come to understand the full depth of the contract that lies before us.

Our Union is strong. We have great national Officers who have committed themselves to improving working environments and protecting the fair, hard-working Carriers who get this job done day to day. I realized, at the Convention, that we members need to help keep our Union powerful. It's not just handing over our dues and let others handle the issues at hand. We have a voice. We nominate and elect our leadership and they listen to us. I am only one person, but combined we have strength in numbers.

Get more involved. Start asking questions. Understand your Rights as a Letter Carrier.

My fellow Stewards, the Branch Officers, the Branch 782 President, and many more people have stepped up to keep our local Branch consistent of the values that the NALC has come to be known for.

As our NALC President Rolando would say...

In Solidarity,

MABEL BULLIS
Brundage Steward

DOHERTY & DONELON SCHOLARSHIPS

Deadline: This form must be returned to NALC Headquarters no later than December 31, 2010.

Eligibility

- Applicant must be the son, daughter or legally adopted child of a letter carrier NALC member in good standing—active, retired or deceased. Stepchildren and grandchildren are eligible if they live with the letter carrier in a regular parent-child relationship.
- Applicant's parent must be a member in good standing of NALC for at least one year prior to making application.
- Applicant must be a high school senior when making application and must submit the form provided at right, signed by the NALC member and an officer of the member's NALC branch. This form must be returned to NALC Headquarters by December 31, 2010.

Requirements

- All applicants must take the Scholastic Assessment Test (SAT) or the American College Test (ACT) in either their junior or senior year, and a copy of the original printout of the scores from the administering organization must be received at NALC Headquarters by midnight, March 31, 2011.
- All biographical questionnaires and secondary school reports must be received at NALC Headquarters by midnight, March 31, 2011.

Regulations

- Scholarship is to be used toward pursuing undergraduate degree at an accredited college of recipient's choice.

- Winners may accept other college scholarship assistance in addition to the NALC award.
- Any change of schools or course of study must be done only with the permission of the NALC Scholarship Committee.
- A transcript of grades must be forwarded to the committee at the end of each school year.
- If winner suffers certain serious illness, scholarship will be held in abeyance for not more than one year.
- If unusual conditions are going to require an interruption in schooling, recipient must state reason(s) in writing to the Scholarship Committee and request that the scholarship be held in abeyance. Request(s) will be reviewed by the Committee and a decision rendered.
- If the NALC member is suspended by his/her local NALC branch or enters supervision, scholarship will be cancelled.

Terms of awards

- The official scholarship judges will award one William C. Doherty Scholarship in each of the five USPS Regions and one John T. Donelon Scholarship. Winners are judged on the basis of secondary school records, personal qualifications and test scores. As in the past, the scholarship judges will consist of experienced persons in the educational field. Decisions of the judges will be final.
- Doherty Scholarship awards will be \$4,000 per year and the Donelon Scholarship award

- will be \$1,000 per year. Each scholarship is renewable for three consecutive years thereafter providing the winner maintains satisfactory grades. Award money will be deposited annually with the college. It will be credited to the winner's account to be drawn upon under the rules and regulations which the college has established for handling scholarship funds. Award money is to be used for required college fees, including room and board and transportation fees.
- Children of NALC national officers are not eligible.

In honor of NALC's president from 1941 to 1967, the **William C. Doherty Scholarship Fund** will again award five \$4,000 scholarships to children of members in good standing. The **John T. Donelon Scholarship Fund** will award one scholarship in honor of Donelon, longtime NALC assistant to the president. Applicants must be high school seniors and must meet all of the following eligibility criteria to be considered.

SCHOLARSHIP APPLICATION

Name _____ (Please print clearly)

Please send instructions to: Low Cost envelope for a scholarship award to a senior in the 2010-11 school year

I am the _____ of _____

<input type="checkbox"/> daughter	<input type="checkbox"/> son	<input type="checkbox"/> active
<input type="checkbox"/> stepdaughter	<input type="checkbox"/> stepson	<input type="checkbox"/> retired
<input type="checkbox"/> granddaughter	<input type="checkbox"/> grandson	<input type="checkbox"/> deceased

Letter carrier: _____

of Branch No. _____ City _____ State _____

My name is _____

My address is _____

City _____ State _____ ZIP _____

Signature of NALC person member to receive the award	Signature of applicant
NALC member's local security no. _____	Title _____

This form must be returned no later than December 31, 2010 to the NALC Scholarship Committee, in care of the National Association of Letter Carriers, 100 Indiana Ave. NW, Washington, DC 20007-2744.

* Stepchildren and grandchildren are eligible if they live with the letter carrier in a regular parent-child relationship.

2011 Carl J. Saxsenmeier

Scholarship Program

The California State Association of Letter Carriers (CSALC) is now accepting applications for the 2011 Carl J. Saxsenmeier Scholarship Program. All applications must be sent to the Scholarship Chair by **January 7, 2011**. The Chair will send scholarship packets to all applicants by the end of January 2011. The scholarships are available to the dependent children or grandchildren of members of NALC Branches within the State of California who have not served in a supervisory capacity in the previous two (2) years from the date of 2011 award announcement. Applicant's parent / grandparent must be a member in good standing of the NALC for at least one year prior to applying. Applicant must be a high school senior when applying. Saxsenmeier Scholarship awards are issued in the year of graduation and are not renewable.

Jeff Parr

Saxsenmeier Scholarship Chair

1177 Levine Dr-Santa Rosa, Ca 95401

707-523-1818

Saxsenmeier Scholarship Application

(Please Print)

Student's Name _____

NALC Member's Name _____

Home Address _____

City / State / Zip _____

Home Telephone _____

Cell / Fax _____

Email Address _____

Applicant's Signature _____

NALC Member Signature _____ Relationship to Applicant _____

Local NALC Branch Officer Signature required for verification of member in good standing:

NALC Branch Officer Signature _____ Title _____

Branch Office: Printed Name & Number _____

2010 NALC HBP Info



NALC Health Benefit Plan	1-888-636-6252
*Hospital Pre-Certification	1-877-220-6252
***Mental & Substance Precert.	1-877-468-1016
Drug Prescription Retail	1-800-933-6252
***CareMark Specialty Pharmacy	1-800-237-2767
***Durable Medical Equipment	1-888-636-6252
Nurse Assistant (24/7)	1-877-220-6252
CareMark Pharmacist	1-888-636-6252
Enhanced Eldercare Services (24/7)	1-877-468-1016
CIGNA PPO Dr's & Facilities	1-877-220-6252
***CIGNA Transplant Approval	1-800-668-9682
Quest Diagnostics (Lab Services)	1-877-220-6252
Quit Power (Smoking Cessation)	1-877-521-0244
CIGNA Health Rewards (Discounts)	1-800-870-3470
CIGNA Dental Discount Program	1-877-521-0244
****Disease Management Program	1-800-227-3728
MEDICARE Managed Care Plan	1-800-633-4277
OPM Retirement Info Center	1-888-767-6738
Federal Information Center	1-800-688-9889
Social Security Administration Info	1-800-772-1213

Mark Ramirez
(661) 834-5011
 Branch 782 MBA & HBR Representative

NALC Health Benefit Plan
 20547 Waverly Court
 Ashburn, Virginia 20149

NALC Prescription Drug Program
 P.O. Box 94467
 Palatine, Illinois 60094-4467

NALC Drug Prescription
 "Claims" Program
 P.O. Box 521926
 Phoenix, Arizona 85012-2192

Optimum Health Behavioral Solutions
 P.O. Box 30755
 Salt Lake City, Utah 84130-0755
 Questions: 1-877-468-1016

* Failure to pre-certify will result in a \$500 reduction in benefits paid by the Plan. Must notify the Plan prior to hospital admission with doctor name and dates. ** Mail order drug prescription program long-term (maintenance drugs) 60 day supply; \$8 generic, \$43 name brand; 90 day supply, \$5 select generic, \$12 generic, \$65 name brand, Preferred Retail Pharmacy 20% generic, name brand 30%; MEDICARE 60 day supply, \$7 generic, \$37 name brand; 90 day supply, \$4 NALC Select Generic, \$10 generic, \$55 name brand. Prior approval required for some drugs. Certain bio-tech drugs (e.g. Asthma, Diabetes, organ rejection) require prior approval before dispensing. Must call Plan 1-800-237-2767

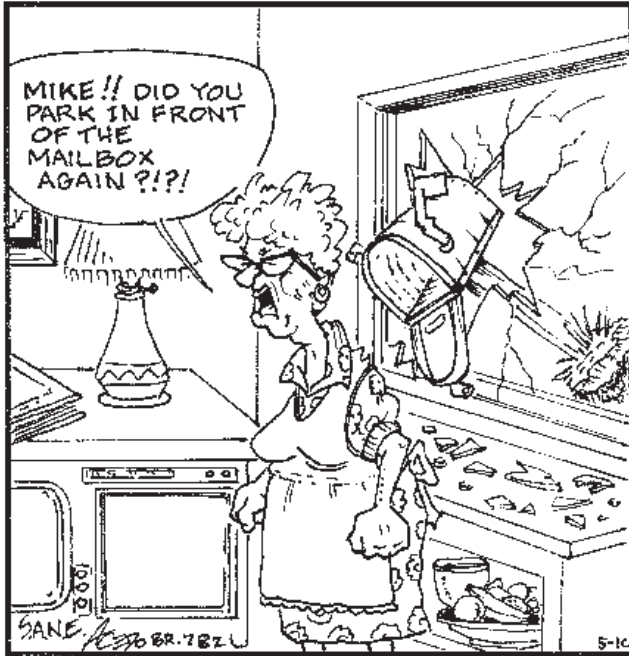
Preferred Provider (PPO)
Cost: \$15.00
Co-pay per office visit

Preferred Provider (PPO)
Deductible
\$300 Individual
\$600 Self & Family
Per Calendar Year

Some Websites for You...

Center for Disease Control	http://www.cdc.gov
National Library of Medicine	http://www.nlm.nih.gov
American Public Health Assoc.	http://www.alpha.org
American Cancer Society	http://www.cancer.org
American Heart Association	http://americanheart.org
American Lung Association	http://www.lunusa.org
Diabetes Foundation	http://www.diabetes.org
Muscular Dystrophy Association	http://www.mdausa.org
JAMA Asthma Information Center	http://www.ama.assn.org/special/asthma
Your Personal Health Record	http://www.nalc.org/depart.hbp

OUT THERE



OUT THERE



Out there

Some of these cartoons were in the program handed out to folks who attended the recent Branch 782 Retiree Dinner.

The phrase that led into the cartoons was: "Just in case you forgot some of the reasons you retired..."

Fred's cartoons do an absolutely amazing job of catching various things about the job that we do. Whether his topic is dogs or uniforms, supervisors or customers, Fred seems to see a little twist **Out there**.

If you have an idea for Fred for one of his cartoons, write the idea down and send it to him at this address. There are no promises that Fred will come up with a cartoon. But, he may surprise you if he does — with what he does...

S.A.N.E. Fred Acedo
 P.O. BOX 6532
 Bakersfield, California 93386-6532

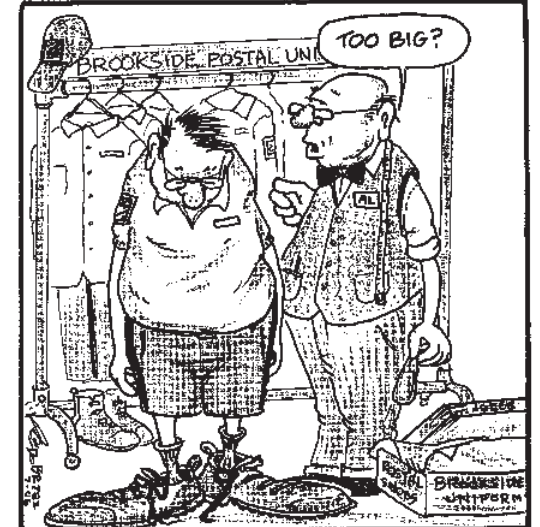
OUT THERE



OUT THERE



OUT THERE





from the editor-guy

It has been a long time since we had a station picture taken. And that's kind of sad. But, I want to share one that was taken just a few weeks ago. Oh, I also want to share a few thoughts...

If you haven't made the time to have a "capture a slice of life" at your unit, I would urge you to go for it.

In fact, here's some contact information for you. South Station Clerk David Lomas has a wife who has a photography business. I'll include a copy of her business card in case you want to see if she can help you.

Why do I think this is important?

If you've been in our Branch office, you've seen the pictures that are displayed on the wall. Even if they've seen the pictures before, people always congregate at the pictures and point at a glimpse of their "former" selves.

Too often, someone points out people who have passed away. And, what happens then is that they share some story about

something that happened or how different the Post Office is now. What's funny about this process is that, sooner than you think, you start to notice that a lot of the people that *you* know are no longer around. And you are sharing some stories yourself.

I think one of the oldest pictures that we have dates from the 1930's. And, believe it or not, none of us can name the people who are in those pictures... That's how it happens. We're here. We do what we do. And, one way or another, we leave.

This is probably why I enjoyed being at the recent Branch 782 Retiree Dinner. I saw a lot of people that I've known through the years. I got a chance to hear some more stories and find out what's been going on in their lives. Some of these folks were "old-timers" when I first started out. What's ironic is that some of those retired folks started after I did and, for one reason or another, they had to take an early retirement.

It was fun seeing Tommy and Darlene Herrera at that gathering. Tommy retired on October 29, 2010 and was at the dinner—in his official capacity as a Branch 782 Retiree—on November 3. That's pretty cool!

Another thing that made me smile was that Mario Muniz and Dan Lujan asked Branch 782 Trustee Bill Curtis to help them take some of our old pictures to the dinner. I saw people pointing out Carriers that they had worked with and also laughing when someone would tell them, "Hey, you were *young!*"

And, speaking about pictures... Anita Holderman is the official Branch 782 Photographer. She was also there that evening. She did a great job! Some of the pictures she took are on pages 4 and 5 of this newsletter. She's also going to make all of the pictures available to our Branch 782 Webmaster, Rick Plummer. He'll post them so that you access them—in *color*—whenever you get the chance!

Remember, make some time to get that unit picture! It'll be special years from now.

BASIL ZUNIGA



Branch Officers

President	Mike Towery	(661) 331-9171
Vice-President	Darryl Holderman	(661) 589-1683
Recording Secretary	Kim Gerdes	(661) 834-2059
Treasurer	Molly Biggar	(661) 832-0393
Financial Secretary	Anita Holderman	(661) 589-1683
HBP & MBA	Mark Ramirez	(661) 834-5011
Sargeant-at-Arms	Jerry Patterson	(661) 699-2462
Chief Trustee	Lucinda Martinez	(661) 327-2898
Trustee	Bill Curtis	(661) 323-1107
Trustee	Danny Blair	(661) 397-8107

E.A. BAKER UNION UPDATE is published monthly by Merged Branch 782 of the National Association of Letter Carriers, AFL-CIO.

The opinions expressed in this publication are those of the writer and are not necessarily those of the publication staff or of the Officers of the Branch.

The information contained in this publication is true and complete to our best knowledge. All recommendations, on equipment and procedures are made without guarantees on the part of the authors or of the organization. Because the quality of equipment, services and methods are beyond our control, the organization and its publication authors disclaim all liability incurred in connection with use of this information.

Information in this publication may not be used for illegal purposes.

We invite all members to contribute articles for publication. Copy, if possible, should be double-spaced (but doesn't have to be) but **MUST** be signed by the contributor.

The Editor retains the right to edit, delete, or reject the article for the good of the Branch (and even this is subject to persuasion).

In the hope that material contained here-in may be of benefit to the goals of the National Association of Letter Carriers, permission is hereby granted to other NALC Branches to copy or use material and/or cartoons promulgated in this publication with our best wishes...but remember to cite/give us some credit.

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Christopher A. Chretien, (Kree-shun)
Branch 782 Special Project Facilitator
(559) 801-8645

NALC Branch 782 Shop Stewards

Avenal (93203)	Vacant	
Arvin (93209)	John Ortega	(661) 809-8140
Delano (93215)	Gracie Silva	(661) 325-5526
Lamont (93241)	Darryl Holderman	(661) 589-1683
McFarland (93250)	Robert Campos	(661) 805-1034
Shafter (93263)	Norma Hamer	(661) 619-1465
Taft (93268)	Mike Meza	(805) 625-4541
Wasco (93280)	Jerry Patterson	(661) 699-2462
Wasco Alternate (93280)	Mabel Lyons	(661) 900-8892
Downtown Station (93301)	Kim Gerdes	(661) 834-2059
South Station (93304)	Darryl Holderman	(661) 589-1683
South Station Alternate	Judy Kiyoshi	(661) 817-5529
East Bakersfield (93305)	Paul Salazar	(661) 327-7637
East Bakersfield Alternate	Teresa Ortega	(661) 201-3086
Hillcrest Station (93306)	Pam Smith	(661) 979-5854
Brundage Station (93307)	Mabel Bullis	(661) 496-5679
Brundage Station Alternate	Emma Gonzalez	(661) 333-7547
Dole Court (93308)	Mike Towery	(661) 862-8033
Dole Court Alternate	Shari Sharpe	(661) 364-5544
Stockdale Station (93309)	Randy Courson	(661) 345-0256
Stockdale Station (93309)	John Ortega	(661) 809-8140
Camino Media (93311/13)	Mike Meza	(805) 625-4541
Mojave (93501)	Vacant	
California City (93504)	Paula Hogg	(760) 373-8963
Boron (93516)	Paula Hogg	(760) 373-8963
Edwards AF Base (93526)	Larry Beem	(661) 949-2280
Tehachapi (93561)	Mary Morphis	(661) 822-6614
Trona (93562)	Vacant	

**Branch 782
Website
www.782nalc.com**

Rick Plummer, Webmaster



National Association of Letter Carriers
 "Golden Empire Branch 782"
 2628 "F" Street
 Bakersfield, California 93301
 (661) 325-5526

Non-Profit Organization
 U.S. Postage
 PAID
 Bakersfield, California
 Permit Number 32

General Meeting Tuesday

November 23, 2010
 7:00 p.m.

Branch 782 Office
 2628 "F" Street
 Bakersfield, California

FORWARDING SERVICE REQUESTED

NALC MEMBERS!!

*YOU CAN
 STILL HAVE
 YOUR VERY
 OWN COPY OF
 FREDDIE'S
 BOOK...*

Hey, Kim
 Gerdes!
 I want to
 order my very
 own copy of
 Fred Acedo's
 book, okay???

661-834-2059!

Membership Meeting Drawing—\$500!!

OUT THERE



ACEDO
 BR. 782
 9-10