

NUMBER 3

at the

ell, it's been a year since the new National Agreement was finalized. It's been a year since the old Transitional Employee (TE) Carrier jobs were eliminated. It's been a year since the previous TEs who wanted to stay employed at the Post Office took the test and were hired on as City Carrier Assistants (CCAs).

It's been a year since most of the former TEs started grumbling and were complaining about how the NALC forced them to take a pay cut. IT WAS **NEVER THE NALC'S FAULT!** An outside arbitrator decided on the new Carrier classification (CCA) and the pay that they would receive.

And during this past year? The NALC and Branch 373 President Bryan Rubner have taken a lot of venom from some of the former TEs about that pay and other working conditions.

Now, a year later, all but a few of the former TEs have been promoted to FULL TIME CAREER EMPLOYEES. Most of those remaining former TEs should make Regular within 6 months.

A year ago, the TEs had a bigger hourly wage. But that was it. *They had* **NO** pathway to CAREER status. Now they have career status and all of the benefits that being a full time Regular entails!

Had it not been for the NALC, the TEs would be no better off now than they were a year ago. And in the past 12 months, the Branch has done a lot of grievance work to get the former TEs converted to the coveted full-time status.

However-to add insult to injury-a couple of the former TEs that were going to be promoted started complaining about seniority and route assignments. I wonder, a year later, how many of these former TEs have expressed their gratitude to Bryan or the NALC for getting them promoted to Regular ...

I have heard a couple of the CCAs talk about how much better they are as Carriers then some of the Regulars. Well, gee, do you think that 20 or 30 years makes a difference in how fast one might move out on the route? Do

I want to start by sharing part of an article written by Cedar Falls, Iowa Branch 373 Vice-President John J. Pfiffner. He covers a hot topic...

Continued on next page...

you think that after 20 or 30 years, the older Letter Carriers are smart enough not to run?

I have heard CCAs complain about how much work they are assigned. If you are going to run, skip your breaks and get back early, you had better expect to get more work... And? Running a route does *NOT* make you a better Carrier.

Regulars have learned to do a *thorough* job on their routes. *THAT'S* what makes a Carrier a better worker, not speed.

Some type of route adjustment process is in the wind. If Letter Carriers—Regular or CCA—run the routes, the routes *will* be added to. Territory additions come from other routes to the point that some routes will have to be eliminated in order to provide those territory additions.

This scenario could happen: You are the top CCA. You are waiting for a Carrier to retire so that you can make Regular.

One finally does. But now there are route adjustments and the city loses a route. Your chance at getting promoted just vanished because even though a Carrier retired, there is now no open route that needs to be filled. It was eliminated...

The Contract that created the CCA position mandated that every route and T-6 position be filled with a Regular Carrier. It is in the best interests of CCAs to protect routes just as it is the Regulars assigned to them. The more routes we have, the better the chances of CCAs getting promoted to regular! So please walk, don't run!"

As I close, I want to invite all of you to this month's General Meeting on March 25, 2014. We're hoping to have a special guest at the meeting. California State Association of Letter Carriers John Beaumont has planned to address some issues with our members. See you there at 7:00 p.m.

MIKE TOWERY



What's New? Grassroots Action Gains Momentum

cross the state, Letter Carriers from every Branch have been working together to help introduce a resolution that would put their community on record in support of continuing door to door delivery, 6-day mail delivery service, and keeping their local post offices from closing their doors.

The resolution also promotes ending the onerous mandate placed on the United States Postal Service to pay for its future retiree health benefits up to 75 years in advance. Without this mandate, the Postal Service would have been over 800 million dollars in the black and cuts to services would not even be a topic, let alone proposed legislation to dismantle the USPS.

All four postal unions are working together on soliciting our City Councils and County Supervisors in a effort to show the public supports the continued operations of the USPS and workers who provide the service they have come to rely upon.

To date, twenty-five City Council/Board of Supervisors across the state have adopted our resolution from small and large cities alike. Anaheim, Los Angeles, Sacramento and San Francisco are just some of the larger cities passing the resolution, while Huron, Fowler, Orange Cove, Parlier and San Luis Obispo are some of the smaller towns and cities. The objective of this grassroots effort is to enlist support from our communities, local government, veterans organizations, non-profit & faith based groups, labor, state and federal government to encourage our US Senators and Congressional Representatives to support progressive postal reform that would build and grow the Postal Service for the future and reject any legislation that would tear down our 200 year old institution.

We need everyones' help to get this resolution passed in as many cities and towns as possible while congress is still

considering the fate of the USPS. Please consider helping us out when asked by one your Branch officers or Shop Steward to attend your local city council meeting in support of the resolution when it is introduced.



A copy of the resolution and more discussion about this effort will be addressed by me at the NALC Branch 782 meeting on Tuesday March 25, 2014.

In Unionism,

John Beaumont President California State Association of Letter Carriers

New scanners on the way, and more



Brian Renfroe

want to thank President Rolando for placing confidence in me by giving me the opportunity to serve as your director of city delivery. I am extremely grateful and excited to have the chance to serve the members of NALC. As the son of a letter carrier, I literally grew up learning about our jobs and the challenges we have faced over the years. Our union has a long and proud tradition of rising to meet every challenge presented to us throughout our 125-year history. I couldn't be more excited to have the chance to help continue that tradition.

The Postal Service recently announced a contract with Honeywell International, Inc. to produce the

next generation of handheld scanning device for letter carriers. The new handheld scanner, called the Mobile Delivery Device (MDD), will eventually replace the Intelligent

"The new scanner should result in far fewer instances of letter carriers being forced to manually input article numbers because a barcode will not scan."

Mail Device (IMD) that letter carriers have used for the past eight or so years. Even more importantly, to many, the MDD also will replace the cell phones that most letter carriers are pairing with the IMD to transmit scan data.

About a year ago, the Postal Service solicited potential devices to replace IMDs from a number of manufacturers. The initial group included about a dozen devices that varied in size, keyboard configuration and appearance. After USPS engineering tested the durability of these devices, we held several meetings with the Postal Service to discuss the best way to test them and determine which one was best suited for our jobs.

The first phase of testing took place at the USPS engineering facility in the Washington, DC, area. Two letter carriers from the area and staff members from NALC Headquarters tested each of the devices and provided feedback on each. Based on this initial test, the number of devices was narrowed to six.

The next phase of testing was a field test where letter carriers used each of the six devices for a week and provided feedback on each one. This phase of testing was conducted over a six-week period late last fall in three separate delivery units. The test sites were Diamond Farms Station in Gaithersburg, MD; Lost Lake Station in Minneapolis, and the Plano MPO in Plano, TX.

I am happy to report that after testing was completed, the Postal Service chose the device that the letter carriers involved in the test liked best. The first phase of the deployment will take place this summer and the new scanners will be assigned to approximately 75,000 city and rural routes, mostly in major metropolitan areas and other areas involved in the same-day and Sunday parcel delivery initiatives. The second phase is expected to include an additional 75,000 routes and be completed by the end of calendar year 2014, with the final phase of deployment to cover all city and rural routes taking place in 2015.

The new MDD has a large screen and a full keyboard of both numbers and letters. The most noticeable difference between the new device and the IMD is the vast improvement in scanning technology. This should result in far fewer instances of letter carriers being forced to manually input article numbers because a barcode will not scan.

The new MDD has nearly endless capabilities. Improvements in functionality will not require a new device; they can be done through software updates. During the initial deployment of the MDD, the functions will not be much different than the functions of the current scanner. We have been in discussion with postal management and engineering regarding additional functionality and software that should be included in the MDD. We will continue to engage them and work to develop and implement functionality that improves our jobs and provides the highest level of service to postal customers.

On a different note, there have been numerous reports of city carrier assistants (CCAs) having difficulty getting their initial uniform allowance. CCA uniform allowances are covered by the March 6, 2014, Questions and Answers 2011 USPS/NALC National Agreement (NALC Materials Reference System number M-01833), Questions 47-56.

CCAs become eligible for a uniform allowance upon completion of 90 work days or 120 calendar days of employment as a CCA, whichever comes first. If CCAs are not provided a Letter of Authorization within 14 days of the *first day* of eligibility, they should inform their steward and a grievance should be filed as soon as possible citing a violation of M-01833.

If a manager has difficulty providing the uniform allowance or says he or she doesn't know how to do so, detailed instructions on providing uniform allowances to CCAs are available in the NALC Materials Reference System (M-01822). Both M-01822 and M-01833 are available on the NALC website at nalc.org/depart/cau/step4mrs.html.

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Minutes of the February 2014 General Meeting

The regular meeting of Branch 782 was called to order by President Mike Towery at 7:00 p.m. on the 25th day of February, 2014 at the Branch office, Bakersfield. The flag salute was led by Sargeant-at-Arms Jerry Patterson. All members of the Executive Board were present except Trustee Teresa Ortega. The Stewards were present from Brundage, Camino Media, Delano, Downtown, Hillcrest, McFarland, Oildale, Shafter, South, Stockdale, Taft and Wasco. Also present was Newsletter Editor Basil Zuniga; Webmaster Rick Plummer; S.A.N.E. Fred Acedo; Photographer Anita Holderman; Assistant Treasurer Debbie Guillet and Frank Martinez of the Social and Recreation Committee. The Minutes of the January 28, 2014 were read and accepted with no additions or corrections.

APPLICATION FOR MEMBERSHIP: Applications were received from Pedro Olevar, South and Oscar Salazar, Dole Ct.

REPORTS OF STANDING AND SPECIAL COMMIT-

TEES: Basil Zuniga reported that the folding went really well. Next month will be Dole Court's turn. Frank Martinez reported that there will be a Bowling Tournament on Sunday, March 30th. The committee is working on getting Dodger Tickets. He also informed the members that the Social and Recreation Committee will be audited; there has not been an audit since 2009. Molly Biggar reported that one book was sold. Kim Gerdes discussed the number of delegates to send to each convention. Kim made a motion to send sixteen delegates to the State Convention. Seconded by Anita Holderman and passed. Kim made a motion to send seven or possibly eight delegates to the National Convention, seconded by Anita Holderman and passed.

GOOD OF THE ASSOCIATION: Shari Sharp and Norma Hamer discussed the T-shirts for the Food Drive. It was decided that they would be green this year. Norma Hamer made a motion to purchase Food Drive posters (50 English and 25 Spanish) and to change the date on the Food Drive Banner with a total cost of \$70.00. Seconded by Jerry Patterson and passed. Mike Towery reported that three PTF's have been converted to Regular. He also reported that, at the President's meeting, it was discussed that all withheld positions will be released. PTF's will be promoted to fill those jobs within the next couple of pay periods. Basil Zuniga reported that he had too much "stuff" for the newsletter, so he made a handout for the members present. Mike Towery reported that the closing of the plant has been put on hold indefinitely. Retreat rights have been sent out to the clerks who have already been relocated. John Ortega discussed a couple of incidents at Brundage. A carrier's vehicle was blocked by people on motorcycles. A supervisor was called and had an incident with the customers, the police and postal inspectors were called. Also a "crazy" man

entered the Brundage office and was on the workroom floor. Basil Zuniga informed the members that Branch 782 was chartered 113 years ago today, February 25, 1901.

FINANCIAL SECRETARY'S REPORT: Anita Holderman reported that the income for October is \$12,013.07.

TREASURER'S REPORT: Molly Biggar reported for December 2013:

Beginning Balance	\$73,301.01
Dues & Income	\$16,919.62
Interest Income Total Balance	\$0 \$90,220.64
Expenses	\$5,982.33
Ending Balance	\$84,238.31

Molly Biggar reported for January 2014:

Beginning Balance	\$84,238.31
Dues and Income	\$11,239.13
Interest Income	\$0
Total Balance	\$95,477.44
Expenses	\$16,227.34
Ending Balance	\$79,250.10

The MDA 50/50 Drawing was won by Dicie Wilder. The General Meeting Drawing for \$350.00 would have been won by Ricarte Burgos, if he had been present. There were 42 members present. The meeting adjourned at 7:29 p.m.

KIM GERDES NALC Branch 782 Recording Secretary



If we all don't stick together now, there's going to be no one left to blame... We <u>ALL</u> should be Carriers in a Common Cause. Really? <u>YES!!</u>

NON-MEMBER LIST* February 2014

Downtown Station Sarah Kirby Javier Cruz

South Station 100% UNION!!!

Brundage/East Bakersfield David Kinglee

Hillcrest
100% UNION!!!

Dole Court Dana Morris Sharon Hancock

Stockdale James Oh Marty Martinez

Camino Media *Christopher Rodriguez*

Arvin 100% UNION!!! Avenal Brent Howard

California City Stephen Ivory

Delano L.A. Campos C.V. Quebral *R.C. Saldana II*

Lamont Erik Gonzalez M.S. Johnston

D. Rivera, Jr.

Ridgecrest

R. P. Zurn S. P. Pierce GD Weaver *Bonnie Leroy* H. G. Blanco *Christina Celava*

Shafter M. D. Voights L. M. New Taft Ashley Veach Alicia Rodriguez B. M. Krier K. J. Hughes Terra Bullard

Tehachapi TR Landis B.C. Den Beeman

Trona William Campbell

Wasco 100% UNION!!! *CCA names are in Italics



We are an "Open Shop". MEMBERSHIP IS VOLUNTARY. 400 Letter Carriers are in the complement assigned to cities represented by our Branch. 32 ARE NON-MEMBERS**.

**16 are Career employees and 16 are CCAs.

Sometimes, the details are in the "fine" print...

W

The is it who built and sustains civilization as we know it? Who are the most important peple to our society? <u>WE ARE</u>. THE WORKING PEOPLE.

The clothes *we* wear, the food *we* eat, the transportation *we* use, the houses *we* live in and the buildings *we* work in....

The products *we* consume, the health care *we* receive, all of the services *we* utilize...

The entertainment *we* enjoy, the publications *we* read, the documents *we* produce, the devices *we* use, the electronics and tools...

ALL of the raw materials that are extracted, harvested, assembled, packaged, shipped, inventoried, stocked, prepared, delivered, served and rung up...

All of it is done by the hands of *US*—the workers. *WE* expend our skill, knowledge, time and energy in order for it all to work.

It is **OUR** labor which creates all capital. It is **OUR** labor which creates all value. It is **OUR** labor that should be valued, honored and held in regard above all else.

AND IT IS ONLY THROUGH JOINING TOGETHER IN UNITY THAT THIS FACT HAS EVER BEEN ACKNOWLEDGED!

It is only through **UNITY** that we have been shown the respect and dignity *we* deserve. It is only through **UNITY** that our work has ever been rewarded for its true value.

Yes, **OUR** value is our labor. Yet, our **UNITY** is our strength.

—Jacques Loveall President UCFW 8 - Golden State UCFW International Vice-President

This information is courtesy of the UCFW 8 Voice of Action Volume 27 Number 3 Late Winter 2014

Biggest Loser 2014

Here are the 2nd Month results of the Biggest Loser 2014. Congrats to Billy Herrera of Stockdale Station AGAIN for losing the most weight by PERCENTAGE! Beatrize Rodriguez from Stockdale Station is behind him with 7.30%

Brundage Station				1 (D1) W' (750 () () () ()
Brundage Station	1st Month	2nd Month	Overall	1st Place Winner 75% \$637.50 - monthly Winnings \$75.00
Beatriz Munoz	6.69%	5.94%	12.23%	2nd Place Winner 25% <u>\$212.50</u>
Stacy Castillo	0.0978	5.9470	12.23/0	$2 \operatorname{Int} \operatorname{Inter} 2570 \qquad \underline{5212.50}$
Jeff Harrington	5.07%	4.15%	9.01%	The Prize = \$850.00
Kim Pumphrey	0%	4.1370	9.0170	
Ruben Gonzales	7.15%	6.96%	13.62%	Calculations on getting the % is Beginning weight - Current weight
Yvonne Esquivel	3.11%	0.90%	13.0270	divide Beginning weight, move decimal 2 spaces
Shurie Amick	2.52%			
Inderdeep Gill	2.32% 1.67%			
Mabel Bullis	2.90%	-0.29%	2.62%	I know that showing the OVERALL results will help motivate the
Cesar Rivera		-0.29%	2.0270	close winners to STRIVE just a bit more for that LAST month
	-1.74%			
Kim Williams	0%			BUT I was <u>NOT</u> doing it to
Rosie Padilla	2.28%	2.18%	6.27%	discourage the others.
John Ortega	4.18%			
Maria Gutierrez	6.76%	5.16%	11.57%	We ALL have the WILPOWER
Vicky Guerrero	0%			to work harder and CHANGE
Dole Court Station				our lifestyles for the BEST
Dole Court Station Dan Medina	0.75%			health possible! YOU owe it to
Faviola Estrada	0.75%			YOURSELF and your LOVED
		0.92%	1.66%	ONES to become a BETTER
Glenn Ryder Laura Gordon	2.56% 2.28%	0.92%	1.00%	you!!
Jennifer Hernandez		1.25%	1.25%	www.suncoastsbort.ver
	0% 0%	1.25%	1.23%	Keep it up!!
Art Mooney Francisco Herrera	0% 3.99%	0.40%	4.38%	
Francisco Hellera	5.99%	0.40%	4.38%	MABEL BULLIS
South Station				Brundage Station Month 2 Winner: Billy Herrera
Andrew Garcia	2.69%	1.71%	4.37%	OUT THERE
Andrew Gareia	2.0770	1./1/0	ч.3770	
Shafter Station				
Melissa Johnson	-1.51%	0.93%	-0.56%	RICKY ?!?! COULD YOU
Wiensbu younson	1.0170	0.9570	0.0070	PLEASE MOVE YOUR LUNCH BOX ? IT'S
Laton Station				BLOCKING THE
George Vaquera Jr.	0%	3.04%	3.04%	FIRE EXIT.
Maggie Young	2.15%	0.28%	2.42%	
11110610 104116	2.10/0	0.2070	2.12/0	
Delano Station				
Luis Campos	5.37%	6.11%	11.15%	
Serena Ornelaz	0%	3.12%	3.12%	
Gracie Silva	1.21%	0.61%	1.81%	
Stockdale Station				
Beatriz Rodriguez	1.62%	7.30%	5.79%	
Robin Richard	3.52%	4.86%	8.21%	
Tina Harbour	0%	2.23%	2.23%	Still and the st
Tanya Courson	0%			A AND AND AND AND AND
Amanda O'Neill	0%			II. C. I I Star Comong
Annette Ortega	0.70%	-0.83%	-0.11%	i Rea
Billy Herrera	7.53%	8.93%	15.79%	i Ceb
-				Internet and the part multi

8th Annual Battle of the Stations Postal Bowling Tournament

Cost:

\$80.00 Per Team Includes 3 Games and Shoe Rental

ENTRY DEADLINE

March 25, 2014

Tournament is open to all CURRENT and RETIRED POSTAL EMPLOYEES ONLY.

NEW THIS YEAR!!!

Each station will be represented by at least 3 teams. Stations MAY have more than 3 teams to represent them, BUT only the scores of the TOP 3 higher scoring teams from that station will be used. So, rally your station and get as many teams registered to better your chances of winning the trophy, earning a catered breakfast for your station and MOST IMPORTANTLY owning the bragging rights all year.

ARPLE PRIZES

Each team will receive 4 raffle to tets check-in for a chance to win prize.

A Big Thank You To The Social Rec Committee!!!

Teams of 4 with at least 3 bowlers from the station that is represented.

MORE C

Awards will be presented to the top Men's team, top Women's team and the top Co-Ed team. Top individual Male and Female bowler will also win awards. So, get out to the lanes and get some practice in before the tournament. Lanes Are Limited.. First To Pay, First to Play

Contact: Denise Dilley 661-332-7895 Roel Alaniz 661-900-2654 Ralph Ramirez 661-847-9006 After 4 pm

Southwest Lanes 3610 Wible Road Bakersfield, CA 93309

Where:

661-834-2695

When:

March 30, 2014

<u>Check-In Time:</u> 9:00 am

> <u>Start Time:</u> 10:00

IMPROVING CARRIER EXPERIENCI

I am the person who does all the work. I am the reason you take home a paycheck. I am the reason you are able to feed your family, pay your mortgage, go on vacation, buy a car and contribute to your church or synagogue. Because of me, Management stays employed and the company has survived. Without me, there would be no Postal Service.

I drive every road in America; I deliver to every address in every community. Neither snow nor rain nor heat nor gloom of night will stay me from the swift completion of my rounds. Without me communication, correspondence and commerce across this great country would grind to a halt. The wise come to know, respect and love me. The foolish disregard my importance and suffer accordingly.

By the way, you'll notice that I didn't introduce myself by name as your employee. That's because this company doesn't treat me like an individual with a name, only a peg to fill the hole or a number to fill a report. You are always on my back evaluating, timing, and pushing for more while giving me less time to complete my tasks.

So pay attention to me. Get to know me. Learn my habits. My likes, My dislikes. My desires. My dreams. My values. Learn my language. Above all, treat me with respect. I will not be ill-treated, and why should I be? There are many customers that appreciate my service. Every time you turn on the television, open a newspaper, or listen to the radio, you see and hear multitudes of customers and citizens who routinely rank me as their most trusted Government employee.

And? Know this: I am not easily fooled. Managers treat me right or suffer the consequences. Sooner or later, I always discover dishonesty and disrespect. Most of the time, I don't announce my displeasure because I have a Union to protect my Rights and help me endure the constant pressure and abuse heaped upon me by the side of the company you work for.

Almost always, we will have disagreements. I don't like mistakes, but I understand that you sometimes make them. The manner in which you handle my complaint determines any future interaction I have with you; and, in my mind, it also determines the character of the company you represent. I rarely ever give you a second chance to make the same mistake twice before a grievance is filed.

It is no exaggeration to say that when you interact with me, your future hangs in the balance. Know me.

Abridged article courtesy of Dave Heiszler by way of the March 2014 Seventy-Niner published by Seattle, Washington NALC Branch 79.

In Memorium

Armando "Al" Lopez Corella January 9, 1921 — February 28, 2014

Armando went home to be with his Lord on February 28, 2014. He passed away surrounded by his family. Armando was born on January 9,1921 to Ygnacio and Julia Corella in Good Year, Arizona. At age 17, he ran the 12th Annual Arizona Republic Rialto Marathon

Theater Race in Riverside Park September 6, 1938 on Labor Day in Phoenix, Arizona. He won the 2 mile race in 10 minutes 20.4 seconds. Armando graduated from Phoenix Union High School in June 1940.

Armando was a most patriotic youth. He enlisted in the 13th Army Air Corp two months after his 20th birthday. He seved four years in WWII as a Tail Gunner on "Rod Rowdies B-24 Bomber" in the South Pacific. His 307th Bombardment group became known as "The Long Rangers". The longest most stress-

ful bombing run lasted 18 hours. He completed 51 missions and was awarded 9 distinguished medals. With an honorable discharge in 1945, he returned to Bakersfield after the war and went to work as a mechanic at the Minter Field working on P-51's and B-17's. In 1945 he found special satisfaction donating his military combat papers and medals to Minter Field. Thereafter, he married his late wife Mary Witt. Armando soon joined the U.S. Postal Service in September 1947. Armando was awarded many special achievements while working 40 years before retiring in January 1986.

Armando continued his efforts to help achieve the standards of excellence with the community while continuing to serve others. Armando enjoyed pitching horse shoes winning, in 1939, his special trophy. He enjoyed trout fishing in Bishop, his loving dog "Lucky", and the Condor's Ice Hockey team. He also participated in the Veteran's Parades for four years. One of Armando's highlights in his later years was being able to travel to Washington D.C. on the "Honor Flight of Kern County". He loved watching his grandchildren and great-grandchildren participate in sports.

God gave us a special gift when he created our Dad. He was kind, had a giving heart, and was sensitive to all of us. No one will ever take your place in our lives. "Amazing" is one of the many words that describe his special place in our hearts. Daddy leaves behind three daughters: Sandra Caye Christensen, Judee Jones and Janet Cooper and two son in laws Richard Jones and the late Oscar Christensen, seven adult grandchildren, eleven great-grandchildren, and numerous nieces and nephews.

Graveside services were held at Hillcrest Memorial Park, Wednesday, March 5, 2014 at 12:00 noon. In lieu of flowers, donations were made, on Armando's behalf, to Honor Flight of Kern County and the Wounded Warriors Fund.

Information courtesy of: Doughty- Calhoun-O'Meara Funeral Services



307th Bombardment Group Activated on 15 April 1942. Trained and flew patrols off the West Coast, first in B-17 Flying Fortresses and later in B-24 Liberators. Moved to Hawaii, October-November 1942, and assigned to Seventh Air Force. Trained and flew patrol and search missions. Attacked Wake Island, December 1942 - January 1943, by staging through Midway Island.

Moved to Guadalcanal in February 1943 and assigned to Thirteenth Air Force. Served in combat, primarily in the South and Southwest Pacific, until the war ended. Attacked Japanese airfields, installations, and shipping in the Solomon Islands and Bismarck Islands. Helped to neutralize enemy bases on Yap and in the Truk and Palau Islands.

Received a Distinguished Unit Citation for an unescorted, daylight attack on heavily defended airfields in the Truk Islands on 29 March

1944. Supported operations in the Philippines by striking Japanese shipping in the southern Philippines and by bombing airfields on Leyte, Luzon, Negros, Ceram, and Halmahera. Also took part in Allied air operations against the Netherlands East Indies by hitting airfields, shipping, and installations.

Received a Distinguished Unit Citation for an unescorted mission against vital oil refineries at Balikpapan, Borneo, on 3 October 1944. Supported Australian forces on Borneo and bombed targets in French Indochina during the last three months of the war.



MARCH 2014

Two Presidential Unit Citations were awarded to the Group during World War II, one for action in the bombing of the Island of Truk—the most heavily defended and strongly fortified Japanese base in the Pacific. During withdrawal. gunners of the Group destroyed 31 of the 75 attacking aircraft, probably destroyed 12 more and damaged 10 in an air battle that lasted 43 minutes. This daring raid (made on 29 March 1944) neutralized the Japanese airfields, making possible long range flights without fighter protection, The other Presidential Unit Citation was awarded for the successful strike at the Baltkapapan Oil Refineries in Borneo on 30 September 1944. The 307th had to fly their B-24 Liberator bombers 17 1/2 hours for a round trip of 2,610 miles, the longest mass daylight mission ever flown by this type aircraft.

Flew patrol missions along the Asiatic mainland and ferried liberated prisoners from Okinawa to Manila after V-J Day. Returned to the US, December 1945 - January 1946. Inactivated on 18 January 1946.

Good-bye, Al!

On March 5, 2014 we gave yet another American Hero of World War II, and a member of our Greatest Generation, his truly deserved Military Funeral rites. I am sad Armando "Al" Lopez Corella passed away.

I met Al in September 1970 when I first went to work at the East Bakersfield Post Office (also known as Station "A").

Back then, it was an all-male Letter Carrier workforce. I started as a "Sub-Carrier" when almost everyone was a veteran of WW II or Korea. What I remember the most was the dress code back then: shined shoes, neat haircuts, cleaned and pressed trousers, ironed shirts...the Post Office almost had a military kind of presence.

I remember Al coming up to me and introducing himself the first day I got there while distributing the mail. He said, "Don't pay attention to that guy on Route 500 (Rudy Magana). He will try and give you a bad time." Al was kind of laughing. *Like others, I found out why...*

I would soon become part of this professional working force trained by "the Best of the Best" in the Post Office system. Most everyone had some kind of nick name like "Bigfoot", "Shorty", "Grumpy", etc. They would call Al "The Indian" or "Indio". I couldn't understand that since Al was so light-skinned. Then, I found out he was born in Good Year, Arizona.

I had the privilege and honor of working with Al for 16 years. And, in those years, we had dozens of good times at NALC picnics and many birthday parties. But, the

most fun was playing slow pitch softball for East Bakersfield Post Office teams. Al was our pitcher—and a very good one! I was always amazed at his skills with the ball and his athletic ability for an old guy! I remember him breaking a finger or two while playing in one game; but, I think Al was most famous for his pitching horse shoes at our NALC picnics. He beat everyone at that sport!

The last time I saw Al was at the Veterans Day parade two years ago. My most fond memories with Al were when he invited me to go with him to see a 49ers and Cowboys game at San Francisco Candlestick Park in the 1980's. Along with Al's daughter, Janet, and her husband we had a great fun weekend. Thank you, again, Janet and your husband for your generous hospitality.

I'm kind of sad that only six postal retirees (Zeke Lopez, Lupe Arredondo, Joe Santa Cruz, Henry Garcia, Frank Thomasy and myself) and an active clerk named David from the Hillcrest P.O.made it to the graveside service. I thought there would be some of the older guys there since they knew Al years before I came along.

In closing, I'm glad Al made it to Washington D.C. and got to see the World War II Memorial. I'm sure he enjoyed every minute he was there and I want to thank everyone associated with the Honor Flight of Kern County and the Wounded Warriors Fund that made it possible.

Please take the time to read Armando Lopez Corella's obituary and the information about his military unit. It is a testament of a great American Hero and a true Patriot of The Greatest Generation. Thank you, Al, for your service to our country and may you rest in peace forever!

Semper Fi!

MARIO MUNIZ Retired Branch 782 Member and a Vietnam War USMC Veteran





NALC Health Benefit Plan 1-888-636-6252 *Hospital Pre-Certification 1-877-220-6252 Mental & Substance Precertification 1-877-468-1016 **Drug Prescription Retail 1-800-933-6252 CVS/CareMark Specialty Pharmacy 1-800-237-2767 **Durable Medical Equipment** 1-888-636-6252 NURSE ASSISTANT (24/7) 1-877-220-6252 **CVS/CareMark Pharmacist** 1-888-636-6252 Enhanced Eldercare Services (24/7) 1-877-468-1016 CIGNA PPO Dr's & Facilities 1-877-220-6252 CIGNA Organ Transplant Approval 1-800-668-9682 Quit Power (Smoking Cessation) 1-877-521-0244 CIGNA Health Rewards (Discounts) 1-800-558-9443 **CIGNA Dental Discount Program** 1-877-521-0244 **Disease Management Program** 1-800-227-3728 **OPM Retirement Info Center** 1-888-767-6738 Federal Information Center 1-800-333-4636 Social Security Administration Info 1-800-772-1213 PostalEase Human Resources USPS 1-877-477-3273 **Ouest Lab Services (Bakersfield)** (661) 631-8520 LabCorp Lab Services (661) 631-9258 Shared Services (Retirees Info!!!) 1-877-477-3273

> Preferred Provider (PPO) Cost: \$20.00 Co-pay per office visit

(PPO) Deductible: \$300 Individual, \$600 Self & Family—Per Calendar Year

Some Websites for You...

Center for Disease Control American Public Health Assoc. American Cancer Society American Heart Association American Lung Association Diabetis Foundation **YOUR Personal Health Record** Asthma Information Center http://www.cdc.gov http://www.alpha.org http://www.cancer.org http://americanheart.org http://www.lunusa.org http://www.diabetis.org http://www.nalc.org/depart.hbp http:www.ama.assn.org/ special asthma

HR Shared Service-HRSHAREDSERVICES@GSA.GOV

Check out this PPO: Sendas Northwest Urgent Care 3409 Calloway Suite 101 Bakersfield, California 93312 Phone: (661) 587-2500

Sendas Southwest Urgent Care 9450 Ming Avenue, Bakersfield, California 93309 Phone: (661) 587-2500

Hours: M-F 8:00 am - 9:00 pm; Sat & Sun 8:00 am - 8:00 pm

Accupuncture!! Must be a state licensed or certified accupuncturist. Chiropractic! State licensed chiropractor or D.O. NALC Health Benefit Plan 20547 Waverly Court Ashburn, Virginia 20149

NALC Prescription Drug Program P.O. Box 94467 Palatine, Illinois 60094-4467

NALC Drug Prescription"Claims" Program P.O. Box 521926 Phoenix, Arizona 85072-2192

Optimum Health Behaviorial Solutions P.O. Box 30755 Salt Lake City, Utah 84130-0755 Questions: 1-877-468-1016

NALC Consumer Driven Health Plan and Value Option P.O. Box 18223

Chattanooga, TN 37422-7223 Phone: 1-855-511-1893

* Failure to pre-certify for in-patient hospitalization will result in a \$500 reduction in benefits paid by our Plan. <u>YOU MUST</u> notify the Plan prior to undergoing radiology/imaging with doctor name and dates. Call: 1-877-220-6252.

** NALC Drug Prescription Program is MANDATORY generic (unless specified by your doctor, at additional cost to member). Preferred retail pharmacy 1st and 2nd fills, you pay 20% of cost of generic/30% of name brand/45% non-formulary. MAIL ORDER/CVS PRESCRIPTIONS (when NALC is primary): 60 day supply \$8 generic, \$43 name brand, \$58 non-formulary; 90 day supply \$12 generic, \$65 name brand, \$80 non-forumulary; MEDICARE PROGRAM (when Medicare is primary) Retail network pharmacy: you pay 10% of cost of generic, 20% of formulary, 30% nonformulary. MEDICARE PRIMARY (mail order); 60 day supply \$7 generic, \$37 formulary, \$52 non-formulary; 90 day supply \$10 generic, \$55 formulary, \$70 non-formulary; 90 day supply \$4 for NALCSELECT generic (certain drugs); 90 day supply \$4 for NALCPREFERRED generic (certain drugs); NALCSENIOR generic antibiotics are available FREE for a 30 day supply, when Medicare is primary (certain antibiotics only).

MAIL ORDER SPECIALTY DRUGS (Bio-Tech drugs—*VERY EXPENSIVE*): *Your* cost for a 30 day supply is \$150; 60 day supply is \$250; and, 90 day supply is \$350. Some drugs (e.g. bio-tech asthma, diabetis, organ rejection, etc.) require prior approval before dispensing. You **MUST** call the Plan 1-800-237-2767.

Our PPO doctors and facilities—through CIGNA—save us and the Plan thousands of dollars and it is top notch care at a discount rate. You don't lose anything. You are saving money for the best care!!! For example: *CIGNA Weight Loss Program (877) 220-6252

Mark Ramirez, NALC Branch 782 HBP Rep. (661) 398-6075



Minor Health Care Needs: A Scenario

I was thinking how I—as your NALC Health Benefit Representative—could provide a simple road map for minor health care. So here is a very real example of what can happen and the steps you might take to deal with the situation. (For the sake of this illustration, I am going to place this scenario in Bakersfield.)

ou arrive home after a long day of carrying mail. Your spouse informs you that your child is ill, has a high fever, is coughing, has a headache and diarrhea...*AND IT'S 5:30 PM*. Your family physician's office is closed.

WHAT CAN I DO?

Step One: Call the (24/7) NALC REG-ISTERED NURSE ASSISTANCE LINE 1-877-220-6252. Explain your situation.

The nurse might be able to diagnose a minor illness or recommend that you take your child to a CVS PHARMACY MIN-UTE CLINIC There is one located at 5184 Stockdale Highway and the local number is 661-633-2066. (There is also a CVS locator service at 1-888-607-4287). Or the nurse might recommend SENDAS URGENT CARE 3409 Calloway Drive #100 661-847-9934 or 9450 Ming Avenue 661-587-2500.

If lab work is required, QUEST DIAG-NOSTICS is on our network. Call for appointment, or for a facility near you (1-800- 377- 8448). For the use of this article, there is a QUEST DIAGNOS-TICS lab located at 9500 Stockdale Highway #102 and the phone number is: 866-697-8378.

If imaging is necessary (CT/CAT, MRI, PET, MRA, and NC scans), these require **prior approval** from the NALC HBP. Call 1-877-220-6252.

If required, and **pre-approved**, TRUXTUN RADIOLOGY is one PPO facility. It is located 3551 Q Street and the phone number is: 661-325-6200. KERN RADIOLOGY at 2301 Bahamas Drive is another PPO facility and their phone number is: 661-326-9600. There might be a facility which is closer to you. Call and ask.

If a hospital stay is needed, you need to know that *PRE-CERTIFICA-TION/PRE-AUTHORIZATION IS REQUIRED!!!* This is the number to call: 1-877-220-6252.

It may sound like a hassle, but you need to make sure that you follow through with the pre-certification! It will save you a lot of money!

PPO hospitals in Bakersfield are: MERCY HOSPITAL 2215 Truxtun Avenue 661-632-5000; and MERCY SOUTHWEST 400 Old River Road 661-663-6000; BAKERSFIELD MEMORIAL HOSPITAL 420 34th Street 661-327-1792; and SAN JOA-QUIN COMMUNITY HOSPITAL 2615 Chester Avenue 661-395-3000.

In a "nutshell" this article has taken you through a number of steps to be able to best utilize the services afforded to you as a member of the NALC Health Benefit Plan in Bakersfield.

Learn which of the various hospitals and health care providers in YOUR area have contracted with the NALC HBP to provide care. Using this information will give **YOU** the best possible choices!

The NALC also offers 24/7 MENTAL HEALTH and SUBSTANCE ABUSE coverage. Again, *you must must receive precertification!!!* The phone number is: 1-877-468-1016.

Our NALC Health Benefit Plan is EX-CELLENT!!! It pays to utilize our Open Access Plus (OAP) and PPO preferred providers. Doing this saves YOU out of pocket \$\$\$\$\$ and it saves our Health Plan \$\$\$\$ due to the reduced negotiated rates for our members with "NO" reduction in excellent health care services.

You can visit the NALC website at www. nalc.org. Go to Departments for the link to "Health Benefit Plan". On the left side of that page, you will see "CIGNA Health Care OAP (open access plus) (ppo) Online Provider Directory. You can use this to locate a doctor or facility if you don't live in the Bakersfield area and you need health care services.

MARK RAMIREZ NALC Branch 782 HBP Representative

A laugh a day is good for the soul and the body...

A very cranky old woman was arrested for shoplifting at a grocery store. She gave everyone a hard time, from the store manager to the security guard to the arresting officer who took her away, complaining and criticizing throughout the entire process.

When she appeared before the judge, the judge asked what she had stolen from the store. The lady defiantly replied, "Just a stupid can of peaches." The judge then asked why she had done it. She replied, "I was hungry and forgot to bring any cash to the store." The judge asked how many peaches were in the can. She replied, "Nine. But what do you care about that?" The judge patiently said, "Well, ma'am, because I'm going to give you nine days in jail—one day for each peach."

As the judge was about to drop his gavel, the lady's longsuffering husband raised his hand and asked if he might speak.The judge said, "Yes, what do you have to add?"

The husband said, "Your Honor, she also stole a can of peas."

from the editor-guy

I'm always fascinated by the funny little twists and turns that bubble up in life.

Even more interesting is how seemingly unrelated events can wind up making some kind of an impact. Some are magical—as when someone meets their one true love—but most are just simply little things that happen on any given day.

Of course, it's not until I look back at how things have unfolded to get me to a certain point that I start to grin. (Come on, you've all had the same kind of experiences... Haven't you? Admit it.)

A number of years ago, a Letter Carrier who worked in another city was a delegate to an NALC National Convention. While there, one of our old newsletters with some Fred Acedo "Out There" cartoons wound up in his hands. (For those of you who don't know, at the end of each month I usually wind up with extra newsletters after all of the mailing labels are affixed. Instead of just throwing the newsletters away, I save all of them and every two years take "the extras" to whatever city the NALC convention is being held in and—with help of friends—they're all passed out.)

Anyway, this particular convention delegate knew that Pete Berton, a guy at his unit, liked to collect all kinds of postal-related cartoons so when he got home he gave the newsletters with the "Out There" cartoons to Pete. Pete loved them. (Surprised??)

Some years passed and the now-retired Pete wrote to Fred Acedo (a copy of that letter was published in our January newsletter). In a subsequent letter, he told Fred that—years ago— he had worked for a while with a substitute Carrier named Mark Showwalter. Mark eventually quit the USPS to return to his true love of being a musician.

And? Along with the letter, Pete sent Fred a CD with a copy of "The Mailman Song" which was written and performed by Mark. Fred took the CD to the January meeting and played the song for all to hear. It was well received. Even though you may not have been able to attend the January meeting, I wanted to give you a chance to at least read the lyrics to Mark's song. As a bonus, I've also provided information which was originally printed in the *Benicia Magazine to* give you more context. Grin a little...

In closing, I apologize to Mark for any of my "old ear" transcription errors.

BASIL ZUNIGA

Featured Musician: Mark Showalter Band Leader, Saxophone, Keyboard, Vocals



by Rhonda Lucile Hicks Benicia Magazine / February 2013

What was your best moment on stage? The Fillmore, San Francisco, with Greg Allman performing in front of friends on stage alongside one of the legends of rock was pretty fun!

How did you make your first dollar as a professional musician? When I was a sophomore in high school and playing in the band & orchestra I was recruited by some older hippie-looking guys to do a rock/blues gig at The Boat House by the airport in Oakland. They had charts so it wasn't bad until they told me I had to do a solo. I was panicking until the drummer chuckled and said "All they can do is laugh at you." That somehow lightened the moment. I got through it somehow and made \$10. I was obviously on my way to the top!

You went from touring with Gregg Allman to being a mail carrier in Napa. That couldn't have been easy to go from the perks of a rock tour to walking a postal route and deliver the mail! Yeah, that was probably one of the harder things to go through. I had three solid years with Gregg Allman, and when it was over it was a shock. Working as a mailman, basically out of desperation, brought me back to reality very quickly. I can remember my first few days carrying mail in the dark in an unfamiliar neighborhood and in the rain, trying to find mail boxes, and just wanting to go home. Oh, the humanity! I have all the respect in the world for postal carriers and what they have to go through, a lot of it that the public doesn't get to see, but I knew I wouldn't last long. I did that for 2 years and it definitely gave me the incentive to keep pursuing music as my avenue in life.

What prompted you to leave the post office to starting a Pink Floyd tribute band? Basically in the two years that I was a mailman, I was bitten by at least three dogs, had my hand mangled by a cat that made a living waiting for the mail to come through the slot in the door; had two or three scraped knees and torn pants from uneven sidewalks and quick getaways from loose canines and had my foot punctured from a nail sticking up in someone's driveway. That prompted me!

This is an abridged version of the original article from the Benicia Magazine.

The Mailman © by Mark Showwalter, 2001

Case it up, Pull it down. Load the truck, Hit the town.

"Eight Hour Day?" "No Way!" Six days a week, Average pay.

You grab your rubber thumb munchies, And get a box key. What about Aflac? What about no worries?

You're "The Mailman". 'Cuz You're "The Mailman".

Park and looop, In and out. The daily poop, It's on your shoe... and in your pouch.

You grab your rubber thumb munchies, And get a box key. What about Aflac? What about no worries?

You're "The Mailman". 'Cuz You're "The Mailman".

Mail Man someday Mail Man, He's the Mail Man, He can wail!

Snow and rain, Can you feel their pain? They can't say, "No." The mail's just got to go. You grab your rubber thumb munchies, And get a box key. What about Aflac? What about no worries?

They're The Mailman. They're the Mailman.

Mail Man someday Mail Man, He's the Mail Man, He can wail!

Case it up, Pull it down. Load the truck, Hit the town.

> Case it up, Pull it down. Load the truck, Hit the town.



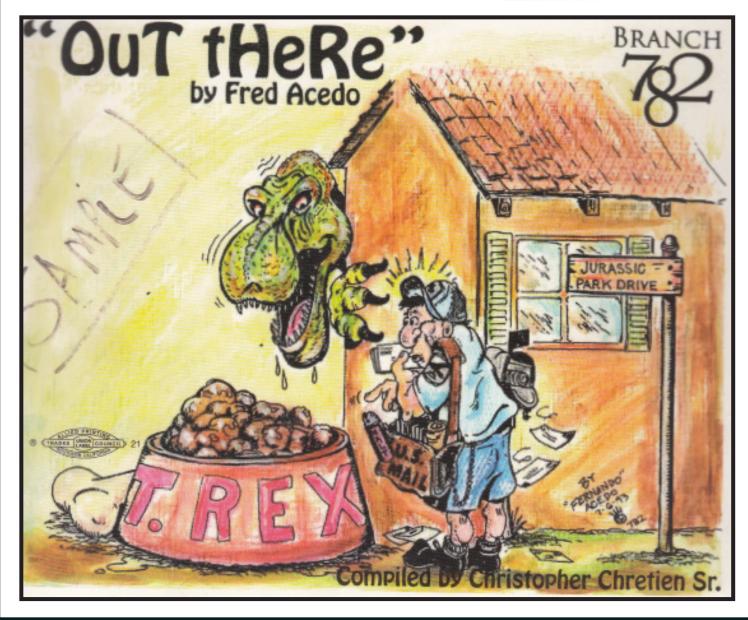
We have books for sale!!!

This book is an amazing collection of "slices of life" that *ALL* Letter Carriers will identify with. You can purchase a copy as a retirement gift, or birthday gift, or even your own personal copy! We've made it easy for you.

Contact Branch 782 Recording Secretary Kim Gerdes through the Branch 782 mailing address or you can e-mail her at "krgerdes91@hotmail.com". The cost for the book is \$20. Up to two books ship for \$5.05 for Priority Mail delivery.

Once we cover our costs, we can generate our donation to the MDA...







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We invite all members to contribute articles for publication. Copy, if possible, should be double-spaced (but doesn't have to be) but **MUST** be signed by the contributor.

The Editor retains the right to edit, delete, or reject the article for the good of the Branch (and even this is subject to persuasion).

In the hope that material contained herein may be of benefit to the goals of the National Association of Letter Carriers, permission is hereby granted to other NALC Branches to copy or use material and/or cartoons promulgated in this publication with our best wishes...but remember to cite/give us some credit.

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FORWARDING SERVICE REQUESTED

General Meeting Tuesday March 25, 2013 7:00 p.m.

Branch 782 Office 2628 "F" Street Bakersfield, California



Delivering A Difference To Stamp Out Hunger: <u>YOU Matter!!!</u>

Carriers, its that time again! Time for us to help Stamp Out Hunger!

On Saturday May 10, the 22nd Annual NALC Food Drive will be held across the nation. This is your chance to take part in the biggest one day food drive across the nation!!! We are "*Building on a Billion*!!!"

Carriers from across the U.S. will collect food on their routes and donate to their local food banks to help feed the 49 million hungry people in this country. *To date, Carriers have collected 1.3 billion pounds of food!*

Last year, NALC Branches collected 74.4 million pounds of food. Branch 782 members collected 100,000+ pounds as part of this nation-wide effort.

The food Carriers collect on this one day feeds families in their communities for the whole year. Be proud and take part in this one day event to "Stamp Out Hunger" and give back to cities and towns that need us. Carriers, let all of us Deliver a Difference together to fight hunger! Food Drive T-shirts we be available soon and should cost around \$13.

SHARI SHARP

Each and every month, Branch 782 sponsors a drawing to encourage *YOU* to come to our Meeting. It goes up by \$50 each month that there is no winner*. This month, you could win \$400.

*The fine print:There is a \$500 cap. And...to win the money, you have to be present at the meeting!